

FY 2023

BBL Annual Impact Report

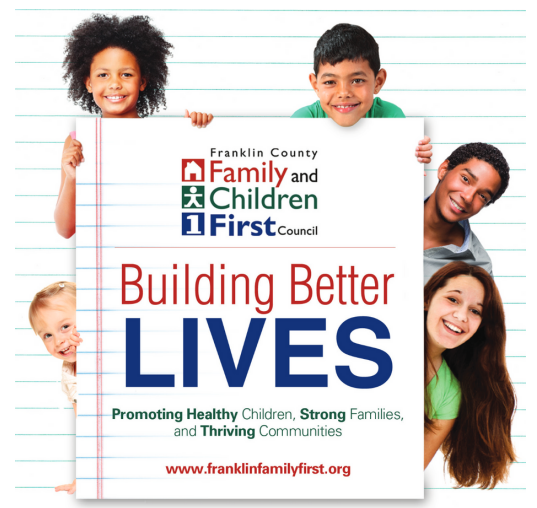


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The BBL Team



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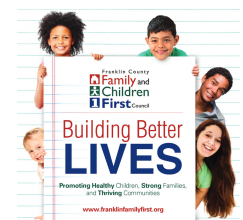


Erica Turner

The Building Better Lives (BBL) program is an initiative of Franklin County Family and Children First Council. Since 2012, BBL has been providing brain-based, trauma-informed coaching to child and family serving organizations and individuals throughout Franklin County. Our work over the past 11 years has supported teachers in schools, social workers, counselors, nurses, daycare centers, home visitors, and first responders. All our trainers and coaches have been trained in Dr. Bruce Perry's Neurosequential Model for Education. We use this work as the foundation for our brain-based approach, while engaging with new and ongoing thinking and research in the field.

BBL is joined at FCFC by Patnership4Success, the Multi-System Services Team, and the Early Intervention Team.

BBL's work is supported in part through generous funding from the Board of Developmental Disabilities and the Franklin County Department of Job and Family Services.



The Impact of Our Work

“I have been working with Laura Bartsch since I arrived at STEM Middle@ Baldwin school last year. BBL, and especially Mrs. Bartsch, offered their help to improve the mental health of both students and teachers.

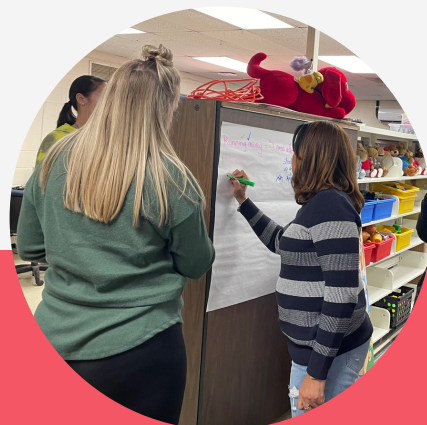
Since then I have shared with her my frustrations, concerns, etc. and Laura has always listened to me and helped me with ideas to improve certain situations that happen in the classroom. Whenever I have a problem she helps me and this allows me to be more regulated and be a better teacher with my students. If she doesn't have the solution at the moment Laura asks her team and shares new ideas with me and different ways to put them into practice.

She has helped me to better understand my students and to improve my relationships with them so that I can be a better teacher. I feel that the most important part for me is that she helps me to be more regulated, and if I feel good I can help my students in the best possible way.”

- Ms. Moreno, Spanish Teacher
STEM Middle @
Baldwin Road Junior High School

“This class has really changed my perspective on how I parent and how we should respond to situations and stress/trauma!”

-RREACT Training Participant



2023 Adjustments and Pivots

Every year, as we continue the work of bringing brain-based, trauma-informed training and coaching to Franklin County, we work to expand our reach, deepen our content knowledge, and refine the quality of our services. FY23 required some significant adjustments and pivots.



01. Revision of Core Content Training Material

During FY23, the Neurosequential Network, our key training partner, released updates to their training materials and slides. These changes kicked off a revision process for our core content training material. We noticed that many training participants will attend our part one and then not come back for part two. In order to ensure that everyone is getting a complete training experience, in 2024 we will be offering our core content as a full six-hour day. Additionally, we have built out interactive activities and increased our skill in facilitation through participation in trainings offered by Partnership for Success. We also created a standardized training manual to ensure a high quality of content delivery regardless of which team member is delivering the training.



02. Creation of Monthly Themes and Resources

Over the summer, the team developed a calendar of monthly topics that reinforce the key content we deliver in schools. We then build out accompanying resources in the form of newsletters, 10 minute refresher presentations, case studies, and workshops utilizing the BBL Workbook.



03. Supporting Reynoldsburg Through Transitions

The 2022-2023 School Year was full of change and transition from Reynoldsburg City Schools. Our BBL Coaches were on hand to support through a transition to remote learning due to transportation challenges, the closing of Hannah Ashton Middle School, and turnover in staff and administration throughout the district.



04. Building Capacity in Our Team

Our own team metabolized quite a lot of change, with several valued team members moving on to other opportunities. In their absence we have onboarded a new director, lead coach, Early Years Resilience Coach and School-Based Resilience Coach. We have also taken time to invest in building our team connectedness and taken a “back to basics” approach ensuring that our content knowledge, training skill, and coaching practices are strong.



05. Revision of Data Collection Processes

Lead by our program support specialist, our team has revised all our data collection processes. We are completing the Survey of Current Practice monthly, and utilizing a new Hours Log to track time spent on various tasks. These changes add clarity to our work and reporting.

Training in FY 2023



School Based

1,281 teachers and staff
trained



Early Years

223 home visitors and
others trained



RREACT

101 first responders
trained

**In FY 2023, the Building Better Lives team
trained 1,840 participants across 77 trainings.**

During this past school year we had contracts with Reynoldsburg, Southwestern City Schools, Westerville South High School, Hilltonia Middle School, West Broad Elementary School, and I am Boundless through FCBDD. In addition to quarterly community trainings, we provided specific professional development to the Ohio Domestic Violence Network, City Year Columbus, the social workers in all of Columbus City Schools, as well as providers and supervisors at FCBDD.

BBL continues to support the community through the Resilience in the Early Years training and coaching initiative. In collaboration with Future Ready Five, Celebrate One, and the Board of Developmental Disabilities, BBL provides brain-based, trauma informed training and coaching to agencies, organizations, and community members who are working with children and families in the prenatal and birth to five-year-old space.

BBL also brings trauma informed coordination to Franklin County through the RREACT (Rapid Response Emergency Addiction Crisis Team) program. RREACT has a longstanding relationship with local fire and police departments and is providing ongoing training and support to first responders around the county.

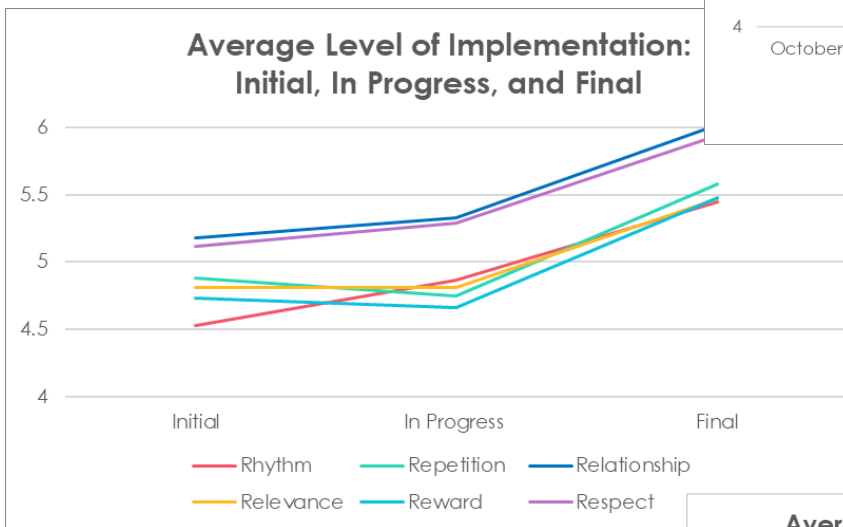
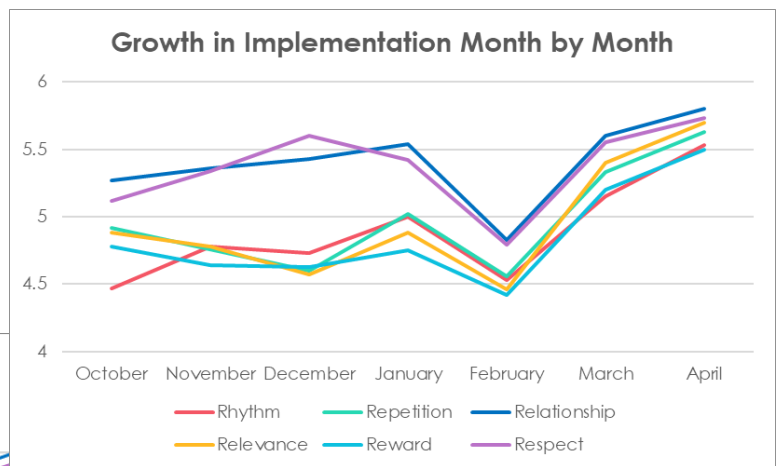
“I really appreciated the opportunities to discuss and ask questions. This workbook is a TREASURE!”

“Trauma and trauma response gives a new lens to how children behave in school and even different strategies to combat/mitigate this.”

Survey of Current Practice

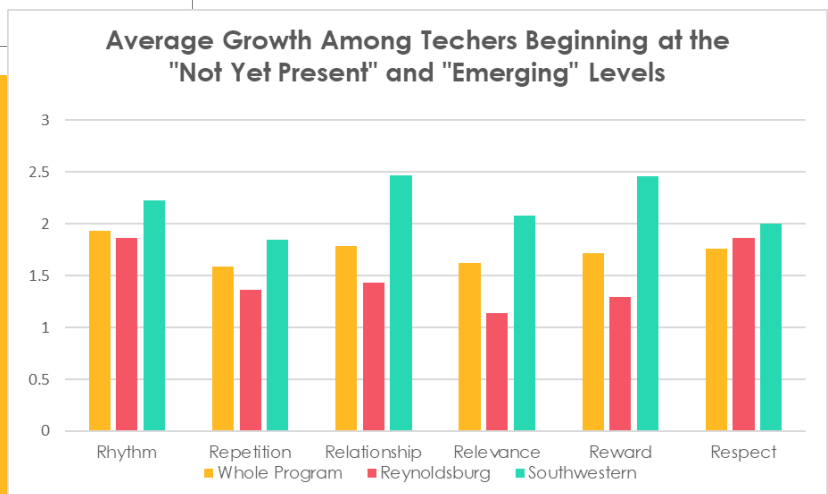
A key metric used in the school based program is the Survey of Current Practice (SCP). The Survey of Current Practice is a tool designed to measure the implementation level of trauma informed practices in the classrooms where our coaches are working. Through observation, the coaches use a rubric to determine the strength of the teacher in utilizing Dr. Perry’s 6Rs with their students. Coaches are looking for evidence of Rhythm, Repetition, Relationship, Relevance, Reward and Respect. During the 2022-2023 school year our coaches provided over 2,300 hours of one-on-one coaching support to 140 teachers across 4 school districts and in 15 different buildings. Of those 140 teachers, 66 of them engaged in ongoing coaching and implementation work over the course of months.

Coaches tracked implementation of the 6Rs monthly. Across all 6Rs, teacher skill in implementation of trauma informed practices increased from October to April.



Comparing initial to final implementation shows an average increase between 8.25-11.5% in trauma informed practices across all 6Rs.

Through working with BBL Coaches, teachers who started at a low level of implementation (Not Yet Present or Emerging) increased their skill by an average of 1.74 points, or 22%, as measured by the SCP Rubric.



Conclusion

As we reflect on our work in FY23, the Building Better Lives Initiative has continued to make a meaningful impact on children and families in Franklin County. The impact of brain-based, trauma-informed practices in classrooms, fire stations, and community organizations is building a more humane, compassionate, and equitable county for us all.

Goals for FY24

Goal 1: Increase training participation across sectors.

- Offering monthly training opportunities (both in person and virtual)
- Targeted outreach into birth-5 spaces
- Tabling and advertising at community events

Goal 2: Explore additional contexts for BBL Training and Coaching.

- Work with Partnership 4 Success to support organizations working in out of school time.
- Find new opportunities for training and coaching of direct service staff
- Identify and support 5 organizations who have not previously engaged with BBL

Goal 3: Create Implementation Review process to increase clarity and metrics of success.

- Design a rubric to describe the features of a trauma informed school/organization
- Assess implementation multiple times during the year (at least twice)
- Use data to inform planning for strategic shifts in program delivery

“Relationships matter: the currency for systemic change was trust, and trust comes through forming healthy working relationships. People, not programs, change people.”

- Dr. Bruce Perry

Acknowledgements

The work of the Building Better Lives Initiative is only possible thanks to the support of our stakeholders, partners, and collaborators.

- Thanks to our primary funders: Franklin County Job and Family Services and the Department of Developmental Disabilities.
- We appreciate the collaboration with our Franklin County FCFC partners: Ohio Early Intervention, the Multisystem Services Team, and Partnership 4 Success.
- Thanks to the FCFCFC Council who makes our work possible.
- Thanks to the Educational Service Center of Central Ohio for oversight and support of our program.
- Thanks to Reynoldsburg City Schools for their willingness to partner with us in building trauma-informed schools throughout the district.
- Thanks to Celebrate One and Future Ready 5 for their partnership in bringing this trauma-informed work to the early childhood space.
- And finally, thanks to the many child and family serving agencies and direct service staff who are doing the meaningful work every day or supporting kids and families throughout the county.

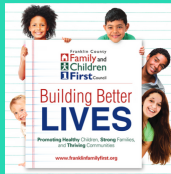
**We thank YOU for your continued support
in our efforts to support children and
families in Franklin County.**

Contact

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BBL TRAINING CALENDAR 2024



JAN 11 9AM-4PM IN PERSON

FEB 8 9AM-4PM VIRTUAL

MAR 14 9AM-4PM IN PERSON

APR 11 9AM-4PM VIRTUAL

MAY 9 9AM-4PM IN PERSON

JUN 13 9AM-4PM VIRTUAL

JUL 11 9AM-4PM IN PERSON

AUG 8 9AM-4PM VIRTUAL

SEP 12 9AM-4PM IN PERSON

OCT 10 9AM-4PM VIRTUAL

NOV 14 9AM-4PM IN PERSON

DEC 12 9AM-4PM VIRTUAL

SCAN ME



Join us for Brain-Based, Trauma-Informed Concepts and Application!
<https://www.franklinfamilyfirst.org/bbl-sign-up-community-training>